

COVID-19 MUTUAL AID UK

Working together to support Haywards Heath,
Cuckfield and Lindfield

Hello neighbour,

Are you unable to leave your home because of Covid 19/Coronavirus? We're here for you.

We, a group of local residents, would like to support the community that we live in and ensure that nobody is left isolated. We don't ask for anything in return, we just believe in helping each other in a time of difficulty.

We are your local neighbours and not a professional body but are supported by the council.

HOW CAN WE HELP?



**ARRANGING
DELIVERIES**



**PICKING UP
SHOPPING &
MEDICATION**



**A FRIENDLY
PHONE CALL**



**POSTING
MAIL**



**URGENT
SUPPLIES**



**HELP TOPPING
UP ELECTRIC
OR GAS KEY**

NEED SUPPORT?

If you would like to speak to us, or want to ask for help, please call the number below or email haywardsneedhelp@gmail.com and let's see how we can help.

LOCAL ORGANISER NUMBER

01444 635002

GIVE SUPPORT

Please email haywardsvolunteers@gmail.com to join the group or call the number above.